

Meals that Heal Volunteer Guidelines



**Ronald
McDonald
House®**

Southern
West Virginia



Your Volunteer Group

- **Max 8 volunteers per group. We recommend splitting your group across different days if you have a large group.**
- When you sign up using the Volunteer Portal, the time slot will say 8 a.m. **However, your group may come in at any time during the day. Please indicate whether you are preparing breakfast, lunch, or dinner.**
- For the welfare of the families, individuals suffering from a cold or contagious illness should not volunteer.
- All health and hygiene protocols must be followed. Food prep gloves are available in our kitchen.
- If you need to reschedule or cancel your group, log into the volunteer portal, go to “**My Schedule,**” select the shift, and follow the cancellation instructions. Please cancel as early as possible so the shift can be reassigned.
- **An adult must accompany anyone under the age of 18 at all times.**

Preparing Your Meal

- All food preparation and cooking must be done on Ronald McDonald House property or in a commercially licensed kitchen in order to comply with health and safety regulations.
- We recommend contacting the House the day prior to your scheduled date to get an estimate of how many guests are staying at the House.
- Store-bought food items must be in their original, unopened packaging.

What to Expect

- Please bring all the ingredients that your meal will require. Before opening your condiments, please check our House pantry and refrigerator for any open condiments and/or anything you would like to add to your meal.
- We ask that you clean up after yourselves once you are finished preparing your meal, washing and putting away any dishes that have been used, and taking out the trash.

Sign up today
ronaldmcdonaldhouseswv.org

Questions?

Call us at **(304) 346-0279** or email
betsy@ronaldmcdonaldhouseswv.org